

Week 4 Monday 20th - Friday 24th January 2025 Vacation Care Menu



Monday

HOUSE-MADE VEGGIE
LOADED MEAT PIE SERVED
WITH CRISPY STEAKHOUSE
CHIPS, TOMATO SAUCE

(GF, DF, Vegetarian and
Allergy Option)



With
Fresh Summer
Salad

Tuesday

MAC 'N' CHEESE WITH
SIDE SALAD

(GF, DF, Vegetarian and
Allergy Option)



With
Garlic Bread

Wednesday

SUSHI BOWLS, WITH
SEASONED SUSHI RICE,
CHICKEN/TUNA/TOFU,
SALAD VEGGIES, NORI,
EDAMAME, VEGAN MAYO
AND SOY SAUCE.

(GF, DF, Vegetarian and
Allergy Option)



With
Fresh Summer
Fruit

Thursday

"PHUNKY" WRAPS WITH
YOUR CHOICE OF
FILLINGS AND FLAVOURS

(GF, DF, Vegetarian and
Allergy Option)



With
Fresh Summer
Fruit

Friday

CHILL OUT WITH HOUSE-
MADE PIZZA; PEPPERONI,
BBQ CHICKEN, AND
VEGETARIAN

(GF, DF, Vegetarian and
Allergy Option)



With
Fresh Summer
Salad

Week 4 Monday 20th - Friday 24th January 2025

Vacation Care Ingredients



HOUSE-MADE VEGGIE LOADED MEAT PIE SERVED WITH CRISPY STEAKHOUSE CHIPS, TOMATO SAUCE

Monday

Beef mince, onion, carrot, garlic, beef stock, corn flour, tomato paste, Worcestershire sauce, puff pastry, puff pastry (G/F- gluten free pastry), eggs (omit for allergy), potatoes, vegetable oil, baby peas, salt, pepper. Sourdough Rye bread (G/F- gluten free bread).



(G/F, D/F, Soy Free, Nut Free, Vegetarian options available)

Tuesday

MAC 'N' CHEESE WITH SIDE SALAD



Macaroni (G/F- gluten free macaroni), milk (D/F- rice milk), butter (D/F- vegetable oil margarine), flour (G/F- gluten free flour), vegetable stock, parmesan cheese, tasty cheese (D/F- dairy free cheese), cherry tomatoes, cucumber, carrot, lettuce.

(G/F, D/F, Soy Free, Nut Free, Vegetarian options available)

SUSHI BOWLS, WITH SEASONED SUSHI RICE, CHICKEN/TUNA/TOFU, SALAD VEGGIES, NORI, EDAMAME, VEGAN MAYO AND SOY SAUCE.

Wednesday

Sushi rice, brown rice, rice wine vinegar, chicken, tuna, tofu, vegan mayonnaise, cucumber, carrot, edamame, G/F tamari, vegan mayonnaise, nori, sesame seeds, pickled ginger, sugar, salt.



(G/F, D/F, Soy Free, Nut Free, Vegetarian options available)

Thursday

"PHUNKY" WRAPS WITH YOUR CHOICE OF FILLINGS AND FLAVOURS



Wholegrain wraps (G/F- gluten free wraps), corned beef, tuna, tasty cheese (D/F- dairy free cheese), tomato, cucumber, lettuce, carrot, mustard, vegan mayonnaise, pickles.

(G/F, D/F, Soy Free, Nut Free, Vegetarian options available)

CHILL OUT WITH HOUSE-MADE PIZZA; PEPPERONI, BBQ CHICKEN, AND VEGETARIAN

Friday

Bread pizza base, tomato, onion, carrot, tomato, tomato paste, vegetable stock, fresh basil, G/F pepperoni, poached chicken, red capsicum, green capsicum, baby spinach, mozzarella cheese, feta cheese (D/F- dairy free cheese), fresh parsley, lemon, olive oil.



(G/F, D/F, Soy Free, Nut Free, Vegetarian options available)