



# December 2024 Vacation Care

## Menu and Ingredients List

**WEEK 1**

# Week 1 Monday 16th - Friday 20th December 2024

## Vacation Care Menu



### Monday

GREEK WRAPS WITH KOFTAS, SALAD, HUMMUS AND GARLIC SAUCE

(GF, DF, Vegetarian and Allergy Option)



With

Fresh Summer Fruit Selection



### Tuesday

PASTA WITH LEMON AND GARLIC BROCCOLI PESTO AND CRISPY BACON CHIPS

(GF, DF, Vegetarian and Allergy Option)



With

Fresh Garden Salad



### Wednesday

CRAFTY CHICKEN BURGERS WITH SALAD SELECTION AND HAND CUT WEDGES

(GF, DF, Vegetarian and Allergy Option)



With

Fresh Summer Fruit Selection



### Thursday

MAPLE GLAZED HAM, AND CHRISTMAS TREE SALAD WITH MIXED GREENS, TOMATO AND CUCUMBER

(GF, DF, Vegetarian and Allergy Option)



With

Fresh Dinner Rolls



### Friday

PARTY PLATTERS! (INCLUDING FINGER SANDWICHES, CHEESE, CRACKERS AND VEGGIE STICKS, MINI PIES AND SAUSAGE ROLLS)

(GF, DF, Vegetarian and Allergy Option)



With

Fresh Summer Fruit Selection



# Week 1 Monday 16th - Friday 20th December 2024

# Vacation Care Ingredients



## Monday

### GREEK WRAPS WITH KOFTAS, SALAD, HUMMUS AND GARLIC SAUCE

Beef mince, lamb mince (vegetarian/beef/lamb free option), egg (omit for allergy), onion, garlic, cumin, coriander, tomato, cucumber, parsley, carrot, baby spinach, cheese (D/F-dairy free cheese), chickpeas, cannellini beans, olive oil, salt, pepper, lemon, sesame oil, yoghurt, vegan mayonnaise. Pita bread (G/F pita bread)

(G/F, D/F, Soy Free, Nut Free, Vegetarian options available)



## Tuesday

### PASTA WITH LEMON AND GARLIC BROCCOLI PESTO AND CRISPY BACON CHIPS

Pasta (G/F- gluten free pasta), broccoli, fresh basil, parsley, baby spinach, lemon, oliveoil, salt, pepper, G/F bacon (omit for vegetarian/dietary preference). Mixed lettuceleaves, cherry tomatoes, cucumber.

(G/F, D/F, Soy Free, Nut Free, Vegetarian options available)



## Wednesday

### CRAFTY CHICKEN BURGERS WITH SALAD SELECTION AND HAND CUT WEDGES

Chicken (vegetarian option), cabbage, carrot, cucumber, tomato, cheese, veganmayonnaise, potato, wholemeal burger rolls (G/F burger rolls).

(G/F, D/F, Soy Free, Nut Free, Vegetarian options available)



## Thursday

### MAPLE GLAZED HAM, AND CHRISTMAS TREE SALAD WITH MIXED GREENS, TOMATO AND CUCUMBER

G/F Ham (vegetarian/dietary option), maple syrup, brown sugar, Dijon mustard, oranges, orange juice cloves, cinnamon, salt and pepper, mesclun lettuce, cherrytomatoes, cucumber, cheese (D/F- dairy free cheese).

(G/F, D/F, Soy Free, Nut Free, Vegetarian options available)



### PARTY PLATTERS! (INCLUDING FINGER SANDWICHES, CHEESE, CRACKERS AND VEGGIE STICKS, MINI PIES AND SAUSAGE ROLLS)

Bread (G/F- gluten free bread), cheese (D/F- dairy free cheese), chicken, whole wheat crackers, rice crackers, mini beef party pies, mini sausage rolls (G/F- gluten free option), carrot, cucumber, celery, cherry tomatoes, pineapple, rockmelon, honeydew melon, strawberries, vegetable oil margarine, 100's & 1000's.

(G/F, D/F, Soy Free, Nut Free, Vegetarian options available)

## Friday

